



Mobility Week

OCT 28 - NOV 5 2016

Central Florida celebrates its inaugural Mobility Week from October 28 to November 5, 2016. Mobility Week is a cooperative effort by the Florida Department of Transportation and its partner agencies that provides opportunities for citizens and businesses to explore ways to improve transportation in Central Florida. This grassroots effort promotes the ways sustainable transportation reduces traffic congestion and improves community health.

The theme for Mobility Week 2016 is "What Moves You?" Are you riding the bus or train to work? Are you walking or biking with your kids to the park? Are you forming a bicycle train or walking bus to your neighborhood school to promote pedestrian and bicycle safety?

There are two ways you can participate in Mobility Week 2016:

- 1. Attend Events** hosted by local agencies to learn about the various transportation options. Spread the word! Everyone can benefit from learning more about mobility options and how those options build stronger communities.
- 2. Take the Mix-a-Lot Challenge** to try a new form of transportation during one or all of the days during Mobility Week. Try a bus, train, rideshare, or bicycle.



Mix-a-Lot Challenge:

- Send us pictures showing how you mix and match modes to get around.
- For example, take your bike on the bus; carpool to work and bike share for lunch; or walk to the station and take the train.
- E-mail pictures of your trip to contact@mobilityweekcfl.com and share your story for a chance to win prizes.
- Send us your submissions by November 12, 2016.
- Winners will be selected by a team of judges from the Florida Department of Transportation (FDOT) and partner agencies.

Mobility Resources to Plan Your Trip

RAIL:

[SunRail](#), Central Florida's commuter rail line, provides service from DeBary in Volusia County to Sand Lake Road in Orange County.

BUS:

[LYNX](#) in Orange, Seminole and Osceola Counties
[Votran](#) in Volusia County
[SCAT](#) in Brevard County
[SunTran](#) in Marion County
[LakeXpress](#) in Lake and Sumter Counties

In addition to fixed route services, several of these agencies offer demand response service and circulator routes. LYNX offers a free circulator service, LYMMO, in downtown Orlando.

RIDESHARING:

Ridesharing is a great way to cut down on transportation costs, avoiding the stress of driving in peak hour commute and reducing your carbon footprint. Visit [ReThink](#) to find out more about commuting options such as carpooling and vanpooling or setting up a commuter benefits program.

TELEWORK:

Telework is a work arrangement in which employees are allowed to perform the normal duties and responsibilities of their positions through the use of computers or telecommunications, at home or another place apart from the employees' usual place of work. Ask your supervisor or human resources staff if you can telework during Mobility Week.

BICYCLE:

Bicycling is one of the most utilized modes of active transportation in Central Florida. Thousands of Central Florida residents use bicycling as their primary mode of travel to work. Residents also use bicycles to get from bus and train stops to their destination. For information on bicycling, including bicycle maps and programs, visit the following resources:

- [Orange, Seminole and Osceola Counties interactive bicycling map](#)
- [Volusia County Bicycling Map](#)
- [Brevard County interactive guide](#)
- [Lake/Sumter County Bicycle Program](#)
- [Marion County bicycle information](#)
- [Orlando bike share \(Juice\) program](#)
- [University of Central Florida bike share program](#)
- [Strava Metro data](#)

WALKING:

Walking has significant benefits on our transportation system, environment and personal health. Visit Map my Walk (<http://www.mapmywalk.com/us/>) to find printable walking maps of any city. The resources below provide information on pedestrian laws, responsibilities and safety tips.

WALKING AND BICYCLING SAFETY:

Under Florida law, a bicycle is considered a vehicle, and is entitled to share the road with cars, trucks and other vehicles. Become familiar with state traffic laws that apply to bicycles and pedestrians by using the link to the Florida Bicycle Association provided below.

Additional bicycle and pedestrian resources:

- http://www.floridabicycle.org/resources/pdfs/PEGLEG_2010.pdf
- <http://www.pedbikesrc.ce.ufl.edu/pedbike/default.asp>
- <http://www.pedbikeinfo.org/>
- http://www.alerttodayflorida.com/resources/Proof_v1_BikePed_Laws_Cue_ZFold_0314.pdf

We Would Like to Thank all Our Partners



For more information, please write to us at contact@mobilityweekcfl.com

Public participation is solicited without regard to race, color, national origin, age, sex, religion, disability or family status. Persons wishing to express their concerns relative to FDOT compliance with Title VI may do so by contacting Jennifer Smith, FDOT District Five Title VI Coordinator by phone at (386) 943-5367, or via email at jennifer.smith2@dot.state.fl.us.

Persons with disabilities who require special accommodations under the Americans with Disabilities Act or persons who require translation services (free of charge) should contact Libertad Acosta-Anderson, Transit Intermodal Supervisor, by phone at (407) 482-7861, or via email at contact@mobilityweekcfl.com at least seven (7) days prior to the meeting. If you are hearing or speech impaired, please contact us by using the Florida Relay Service, 1-800-955-8771 (TDD) or 1-800-955-8770 (Voice).

Schedule of Events

FDOT Bike With the Director

Friday, October 28
 Deland
 7:00 a.m. - 9:00 a.m.

Trick or Treat on Broadway

Friday, October 28
 Kissimmee
 5:30 p.m. - 8:30 p.m.

Trunk or Treat

Friday, October 28
 Cape Canaveral
 6:30 p.m. - 8:30 p.m.

Bike Friday

Friday, October 28
 Orlando
 7:00 a.m. - 8:00 a.m.

Trunk or Treat

Saturday, October 29
 Rockledge
 10:00 a.m. - 1:00 p.m.

Lake Express Bike on Bus Training

Saturday, October 29
 Lake County
 9:00 a.m. - 5:00 p.m.

Monsters on Main Street

Monday, October 31
 Deland
 6:00 p.m. - 8:00 p.m.

Lake Express Free Transit Rides

Monday, October 31
 Lake County
 All Day

Cycling Savvy Training

Tuesday, November 1
 Deland
 9:00 a.m. - 12:00 p.m.

Lake Express Awareness Event

Tuesday, November 1
 Lake County
 a.m.& p.m. peak hours

SCAT Transit Outreach Event

Tuesday, November 1
 Merritt Island
 9:00 a.m. - 2:00 p.m.

Bike Helmet Training

Wednesday, November 2
 Orlando
 1:00 p.m. - 4:30 p.m.

One Less Car Event

TBD
 Orlando
 TBD

Car Fit Event

Thursday, November 3
 Orlando
 9:30 a.m. - 12:30 p.m.

CFTPG Multimodal Workshop

Thursday, November 3
 Deland
 12:00 p.m. - 2:00 p.m.

Alert Today Alive Tomorrow Outreach

Friday, November 4
 Orlando
 8:00 a.m. - 12:30 p.m.

SunRail Passenger Appreciation Day

Friday, November 4
 Onboard SunRail
 5:30 a.m. - 1:00 p.m.

Great Outdoors Day

Saturday, November 5
 Kissimmee
 10:00 a.m. - 3:00 p.m.

Halifax Art Festival

Saturday, November 5
 Daytona Beach
 9:00 a.m. - 5:00 p.m.

