Schedule of Events

FRIDAY, OCT 28
7:00 a.m. - 9:00 a.m.  FDOT Bike with the Director  FDOT District Office - Limited Registration  (Participating with FDOT)
5:30 p.m. - 6:30 p.m.  Trick or Treat on Broadway  Broadway Avenue, City of Klamath (Participating with Klamath Main Street)
6:30 p.m. - 8:30 p.m.  Trunk or Treat  Nancy Hazard Recreational Complex, Taylor Avenue, City of Cape Canaveral  (Participating with Space Coast TPO)
7:00 p.m. - 8:00 p.m.  Bike Friday  Coffee Garden, 1811 E Founshow Ave, Orlando, FL 32806  (Participating with SafeRide)

SATURDAY, OCT 29
10:00 a.m. - 1:00 p.m.  Trunk or Treat  McCleary Park, 790 Barton Blvd, Rockledge, FL 32955  (Participating with Space Coast TPO)
9:00 a.m. - 5:00 p.m.  Lake Express Bike on Bus Training  David Wekes, Palm Plaza and Citrus Tower Public Streets in Lake County  (Participating with Lake Express)

MONDAY, OCT 31
6:00 p.m. - 8:00 p.m.  Monitors on Main Street  Downtown Ocala  (Participating with Deland Chamber of Commerce)
All Day  Lake Express Free Transit Rides  Lake County  (Participating with Lake Express)

TUESDAY, NOV 1
9:00 a.m. - 12:00 p.m.  Cycling Savvy Training  FDOT Deland Office  Participation by registration only  (Participating with Cycling Savvy)
9:00 a.m. - 5:00 p.m.  Lake Express Awareness Event  Lake Eola, Leu Gardens, and Clermont  (Participating with Lake Express)

TUESDAY, NOV 2
9:00 a.m. - 2:00 p.m.  SCAT Transit Outreach Event  Merritt Island Mall  (Participating with Space Coast TPO)
1:00 p.m. - 4:30 p.m.  Bike Helmet Training  FDOT Orlando Office  Limited Registration  (Participating with Orange County)
9:30 a.m. - 12:30 p.m.  Car Fit Event  FDOT/FLFHP Office  135 S Semoran Blvd, Orlando, FL 32807  (Participating with Car Fit and Florida Highway Patrol)
12:00 p.m. - 2:00 p.m.  CTTPG Multimodal Workshop  FDOT Deland Office  Limited Registration  (Participating with FDOT)

FRIDAY, NOV 4
8:00 a.m. - 12:30 p.m.  Alert Today Alive Tomorrow Outreach  YMCA Central Station  465 N Donnelly Ave, Orlando, FL 32801  (Participating with FDOT)
5:30 p.m. - 1:00 p.m.  SunRail Passenger Appreciation Day  Onboard SunRail  (Participating with SunRail)

SATURDAY, NOV 5
10:00 a.m. - 3:00 p.m.  Great Outdoors Day  Warmmein Llewellyn Park, 201 Lakeshore Drive  (Participating with DeBary County)
9:00 a.m. - 5:00 p.m.  Halifax Art Festival  Downtown DeLand Park on Beach Street, between Bay St and Orange Ave.  (Participating with Halifax Arts Festival)

TBD
TBD  One Less Car  cityoforlando.net/transportation-planning/how-do-you-reduce-car-use-downtown-orlando  (Participating with City of Orlando)

Mobility Week
OCT 28 - NOV 5 2016

WHAT MOVES YOU?
Central Florida celebrates its inaugural Mobility Week from Oct 28 to Nov 5, 2016. Mobility Week is a cooperative effort by the Florida Department of Transportation and its partner agencies that provides opportunities for citizens and businesses to explore ways to improve transportation in Central Florida. This grassroots effort promotes the ways sustainable transportation reduces traffic congestion and improves community health.

The theme for Mobility Week 2016 is "What Moves You?" Are you riding the bus or train to work? Are you walking or biking with your kids to the park? Are you forming a bicycle train or walking bus to your neighborhood school to promote pedestrian and bicycle safety?

There are two ways to participate:

1. Attend Events hosted by local agencies to learn about the various transportation options. Spread the word! Everyone can benefit from learning more about mobility options and how those options build stronger communities.

2. Take the Mix-a-Lot Challenge to try a new form of transportation during one or all of the days during Mobility Week. Try a bus, train, rideshare, or bicycle.

Mix-a-lot Challenge:

Send us pictures showing how you mix and match modes to get around.

For example, take your bike on the bus; carpool to work and bike share for lunch; or walk to the station and take the train.

• E-mail pictures of your trip to contact@mobilityweekcfl.com and share your story for a chance to win prizes.
• Send us your submissions by Nov 12, 2016.
• Winners will be selected by a panel of judges from FDOT and partner agencies.

For more information, email us at contact@mobilityweekcfl.com

Find us on Facebook @FDOTCFL
**Mobility Resources to Plan Your Trip**

**RAIL**
Central Florida’s commuter rail line, provides service from DeBary in Volusia County to Sand Lake Road in Orange County.
sunrail.com

**BUS**
Orange, Seminole & Osceola Counties
lynx.com
Volusia County
votran.org
Brevard County
321transit.com
Marion County
ocalatransit.com/suntran
Lake & Sumter Counties
ridelakeexpress.com

In addition to fixed route services, several of these agencies offer demand response service and circulator routes. LYNX offers a free circulator service, VMIMO, in downtown Orlando.

**RIDESHARING**
Ridesharing is a great way to cut down on transportation costs, avoid the stress of driving in peak hour commute and reduce your carbon footprint. To find out more about commuting options such as carpooling and vanpooling or setting up a commuter benefits program, visit reThink at rethinkyourcommute.com.

**TELEWORK**
Telework is a work arrangement in which employees are allowed to perform the normal duties and responsibilities of their positions through the use of computers or telecommunications, at home or another place apart from the employees’ usual place of work. Ask your supervisor or human resources staff if you can telework during Mobility Week.

**BICYCLE**
Bicycling is one of the most utilized modes of active transportation in Central Florida. Thousands of Central Florida residents use bicycling as their primary mode of travel to work. Residents also use bicycles to get from bus and train stops to their destination.

For information on bicycling, including bicycle maps and programs, visit the following resources:
- Orange, Seminole and Osceola Counties Interactive Bicycling Map
  metropolitanoflorida.com/plans/bicycle-and-pedestrian-program/bicycle-maps
- Volusia County Bicycling Map
  r2ctpo.org/bicycle-pedestrian-program/maps
- Brevard County Interactive Guide
  spacecoasttpo.com/programs/walkbike/space-coast-pathways-project
- Lake/Sumter County Bicycle Program
  lakewardexplore.org/communities/bicycle-pedestrian-advisory-committee.aspx
- Marion County Bicycle Information
  ocalafl.org/tpl/owl.aspx?id=672
- Orlando Bike Share (Juice) Program
  orlando.bikeshare.com
- University of Central Florida Bike Share Program
  studentunion.ucf.edu/bike-share
- Strava Metro Data
  metro.strava.com

**WALKING**
Walking has significant benefits on our transportation system, environment and personal health. Visit Map My Walk mapmywalk.com to find printable walking maps of any city. The resources below provide information on pedestrian laws, responsibilities and safety tips.

**WALKING AND BICYCLING SAFETY**
Under Florida law, a bicycle is considered a vehicle, and is entitled to share the road with cars, trucks and other vehicles. Become familiar with state traffic laws that apply to bicycles and pedestrians by using the link to the Florida Bicycle Association provided below.

Additional bicycle and pedestrian resources:
- floridabicycle.org/resources/pdfs/FLBicycle_Act_2016-2017.pdf
- pedbike.orlando.edu_pedbike/default.asp
- pedbikeinfo.org/
cititodayflorida.com/resources/proof_v1_BikeFed_Laws_Cue_2Fed_0814.pdf